



Connect



Be Active



Take notice



**Keep
learning**



Give

Are you concerned about loneliness in your Communities? Are you aware of some residents who are isolated? Do you want to work closely with your Community Area Team to reduce this loneliness and isolation, provide extra health and support to promote health and independence?

- You will be better able to identify people that may need advice, information and guidance on what support is available in your community.
- You will help those feeling lonely – let us help you build that confidence to get people out and about again.
- The team will be available to support you in being able to take this next step to help your communities and people within it. Offering practical sessions, advice and information and your own Wellbeing Buddy.
- **Are you up for the challenge and willing to trail blaze a new initiative for Doncaster?**



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 **@WBDoncaster**



Your Life Doncaster

Find information and advice

Browse and shop for products and services

Discover local groups and activities in the community directory

www.yourlifedoncaster.co.uk